RAISING RESILIENT, CONFIDENT, EMPOWERED YOUNG WOMEN

The concept of “resilience” offers a coherent framework for the creation of schools that are sensitive to the developmental needs of young people and their teachers. As Andrew describes, resilience is “the happy knack of being able to bungy jump through the pitfalls of life – to rise above adversity and obstacles.”

This session will provide parents with:

- “CPR” for young women: How we can all help our young women to be Connected, Protected and Respected
- Advice on how to help young women build a strong sense of personal identity
- The key ingredients for empowering young women to make a difference in the world
- Assistance with overcoming the biggest barrier to their daughter’s success: anxiety
- Guidance on helping young women learn to create and maintain respectful relationships

Date: Thursday 25 May 2017
Venue: Polding Theatre, Lourdes Hill College
Time: 6:00 - 7:00pm. Drinks and nibbles (provided)
7:00 - 8:30pm Andrew Fuller presentation
Cost: Free of charge. (All costs covered by the LHC P&F)
RSVP: By 3pm Monday 15 May 2017
Enquiries: Anna-Marie Uscinski (amu@lhc.qld.edu.au or 3399 0487)

ANDREW FULLER

Andrew is one of Australia’s foremost psychologists specialising in brains, learning, resilience and the wellbeing of young people and their families.

He is a Fellow of the Department of Psychiatry, the Department of Learning and Educational Development at the University of Melbourne and the Director of Resilient Youth Australia.

Andrew has been a principal consultant to the national drug prevention strategy REDI, the ABC on children’s television shows, is an Ambassador for Mind Matters, is a member of the National Coalition Against Bullying and Ambassador for Lion’s Drug Awareness Foundation.

Andrew has recently been described as an “interesting mixture of Billy Connolly, Tim Winton and Frasier Crane” and as someone who “puts the heart back into psychology”.