

Be Inspired at the Lourdes Hill College

INTERNATIONAL WOMEN'S DAY

Breakfast



Friday 9 March 2018 at 6:45am

Good Samaritan Centre, Lourdes Hill College

Guest Speaker: Beth Sheehan, Accredited Exercise Physiologist,
International Health Worker and LHC Past Pupil

Cost: \$45 for adults, \$30 for students

Tickets available via TryBooking - <https://www.trybooking.com/TYET>

Bookings close Friday 2 March



Beth Sheehan graduated from Lourdes Hill College in 2000 and went on to complete a Bachelor in Exercise Science at The University of Queensland. Since graduating, Beth has worked in private practice as an accredited exercise physiologist, predominantly in Brisbane and the Gold Coast.

Beth's interest in the disability sector and international health inspired her to complete her Masters in International Health at Curtin University and go on to manage a prosthetic and orthotic clinic in Malawi, Africa from 2014-2016.

On her return to Australia, Beth has maintained her passion for working with amputees and sees clients privately.

Beth's expertise in exercise as a modality also led her to take on a position with Exercise & Sports Science Australia (ESSA) where she advocates for exercise physiologists working within the NDIS. She also provides professional practice advice to ESSA accredited professionals to assist with their professional practice needs and career pathways.



All proceeds from the event go to Good Samaritan Housing